

Studien

Gab es zunächst nur die vielen positiven Meldungen aus der täglichen Praxis weltweit, so untermauern heute immer mehr wissenschaftliche Studien die verblüffende Wirksamkeit der EFT-Methode (und anderer Methoden aus der „energetischen Psychologie“), so dass EFT mittlerweile auch in etablierten Mediziner- und Therapeutenkreisen Anerkennung findet.

Siehe hierzu den Artikel von David Feinstein: APA Updates Its Position on Energy Psychology.

In diesem Zusammenhang kommt dem folgenden Artikel, der im Review of General Psychology (einer Fachzeitschrift der konservativen American Psychological Association - APA) erschienen ist, eine entscheidende Bedeutung zu:

Feinstein, D.: (2012): Acupoint stimulation in treating psychological disorders: Evidence in efficacy. Review of General Psychology (siehe auch unten in der Lise)

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